



Dear "A Gift from Captain Buscio" Participant:
Thank you once again for calling regarding the "A Gift From Captain Buscio"
cardiovascular and pulmonary screening program at Deborah Heart and Lung Center!

Please read the helpful information below—which should answer any questions you might have—and then flag this e-mail to pop up in your Inbox a week prior to your appointment date, as a reminder to take the steps indicated for a successful screening.

FIRST-TIME PARTICIPANTS:

Prior to your appointment date, please:

- ***Check with relatives (siblings/cousins/parents/grandparents, etc.) about their medical history—who's had a heart attack, stroke, high cholesterol or blood pressure, heart disease, mitral valve prolapse, aneurysms, etc.—and write down these conditions.***
- ***Visit our website (www.DemandDeborah.org) and:***
 - ***Read about the "A Gift from Captain Buscio".***
 - ***"Download Patient Form" link, type your information (including your family medical history), print it out and bring it to your appointment—doing this ahead of time will definitely make your appointment easier!***

Day of your appointment, please:

- ***Fast for six (6) hours prior to your appointment time—you may have as much water as you'd like, but NO coffee, tea, or any food.***
- ***Take any prescribed medications as usual, but with water only!***
- ***Bring all prescribed medication(s) with you, so clinical staff may accurately enter this information in your medical record.***
- ***What to wear: please come dressed comfortably, but consider tucking your running shoes in your car.***

Initial testing DEBORAH gives first-time program participants includes:

- ***Lab work: *CBC (complete blood count),***
 - *CMP (complete metabolic profile)***
 - *Fasting Lipid Profile (cholesterol levels)***
 - *Fasting Glucose Level (blood sugar)***

**Hemoglobin A1C (3-month blood sugar average)*

- *Chest x-ray (digital, with less radiation)*
- *A series of Pulmonary Function Tests (PFTs)*
- *EKG with interpretation by the cardiologist*

After your tests are run and then uploaded, you will have an assessment with a DEBORAH Cardiologist. As noted above, additional state-of-the-art diagnostic testing may be ordered by the Cardiologist—for which you may be asked to stay longer, or return another day—to either rule out or further assess a possible condition, based on:

- *Results of your initial testing*
- *Your past medical history*
- *Your current condition, based on assessment*
- *Your family medical history (“risk factors”)*

**As this is a non-funded program, your medical insurance will be accessed to recoup a portion of the costs associated with your cardiovascular screening, but please be assured that you will not receive any bills or out-of-pocket expenses for diagnosis or treatment, if needed. While Deborah Heart and Lung Center is very highly respected for our state-of-the-art technologies and our preeminence within the region as the premier cardiac, pulmonary and vascular center, we do not advertise our remarkable mission: “There is no price on life.” A world-class specialty medical center which has adhered to this extremely challenging 93-year-plus mission, DEBORAH has never given a bill to any patient—whether pediatric or adult—and is very proud to be the only hospital within the United States which can make this statement! We are in the same league as St. Jude’s Hospital for Children and the Shriners’ Hospitals for children (...but without their level of donors).*

If you’d like more information about healthy living, heart-healthy eating, DEBORAH’s services, state-of-the-art technologies and clinical research program at Deborah Heart and Lung Center, please visit our website at www.DemandDeborah.org. Finally, if you need ***to cancel and/or reschedule an appointment, please contact our Scheduling/Referral Center directly at 1-800-555-1990 and choose option #2.***

Thank you again for contacting Deborah Heart and Lung Center regarding this outstanding, life-saving program. If you have any questions or have a colleague who may be interested in the program, please contact me—I would be honored to answer your questions and provide assistance to our “A Gift From Captain Buscio” participants.